

# THE LORING PASTA BAR / VARSITY THEATER LUNCH MENU

## APPETIZERS

**APPETIZER PLATTER FOR SHARING** 7.5 / person

a selection of house favorites to share for parties of 4 or more

**ARTICHOKE RAMEKIN** 7.5

The Loring's signature dish served warm with garlic toasts

**SALSA ITALIANO** 7.5

with olives, chevre, and garlic toast for dipping topped with fresh mozzarella, golden tomatoes, fresh basil, roasted red peppers, and balsamic syrup

**FRIED CALAMARI AND FRENCH FRIES** 7.5

with red pepper aioli and cocktail sauce

**PAN-FRIED POTSTICKERS** 7.5

filled with shredded chicken and vegetables and served with steamed edamame and soy dipping sauce

**SPICY TUNA SUSHI ROLL** 7.5

traditional nori roll served with steamed edamame and soy dipping sauce

**MEDITERRANEAN MUSSELS** 9

steamed in a white wine and aromatic herb broth and grilled sun dried tomato cheddar toast

**CRAB CAKES** 10

with a passion fruit vinaigrette

**TEMPURA FRIED VEGETABLES** 7.5

with basil pesto and roasted red pepper aiolis

**CRACKER CRUST PIZZAS** 11

caramelized onion + prosciutto + chevre  
portabella mushroom + truffle oil  
veggie & sausage combo

## SIDE ORDERS

**GRILLED OR STEAMED ASPARAGUS** 5

**GRILLED ARTICHOKE HEARTS & ROASTED MUSHROOMS** 5

**MEATBALL WITH MARINARA SAUCE** 5

**CARAMELIZED ONION & PEPPER MARMALADE** 4

**FRENCH FRIES** 5

## SALADS

**SALADE SAUVAGE** 8

with crumbled bleu cheese, candied walnuts, fresh pear, and raisins

**NEW! ASIAN CHICKEN SALAD** 10

with Napa Cabbage, edamame beans, carrot and peppers, bamboo shoots, pickled ginger, sliced potstickers and a fat-free sesame sriracha vinaigrette

**NEW! ASPARAGUS & FINGERLING POTATO SALAD** 9

served warm with bacon lardon and coarse ground mustard dressing

**CINNAMON BEEF SALAD** 11

bread salad served with seared beef tips and cinnamon and onion coulis in a raspberry and chipotle vinaigrette

**CAESAR SALAD** 8

## FEATURED ENTRÉES

**ECUADORIAN BEEF TIPS** 11.5

in a roasted tomato and pepper coulis with fried egg, saffron-infused basmati rice, and fried plantains with small house salad or cup of soup

**NEW! GRILLED SALMON FILET** 14

with lemon, green onion and parsley beurre blanc, served with haricot vert and small house salad or cup of soup

**NEW! STEAK FRITES** 15

grilled 5 oz. hangar steak with the Loring's signature garlic fries and house made catsup and small house salad or cup of soup

**HAND-MADE.  
NON-FRANCHISED.**



**PRETTY  
DOESN'T HAVE TO BE  
EXPENSIVE**

## PASTAS

all pastas come with choice of small house salad or cup of soup

**SAFFRON CHICKEN LINGUINE** 14

with roasted red peppers tossed in a salsa verde of basil, olive oil, and cilantro

**PORTABELLA MUSHROOM RAVIOLI** 13

tomato & corn salsa and Canadian bacon (meat optional)

**FETTUCCINI CARBONARA** 13

house-made fettuccini with cottage bacon, garlic, cream, peas, and parmesan cheese

**VEGETARIAN ORZO** 12

grilled asparagus, cherry tomatoes, and artichoke hearts in balsamic reduction

**SEAFOOD SPAGHETTI** 15

scallops, shrimp and assorted shellfish with squid ink spaghetti in a saffron cream sauce

**CHEESE TORTELLINI NUOVI** 12

cream sauce with nutmeg, toasted pine nuts and prosciutto

**CHICKEN AND MOZZARELLA RAVIOLI** 13

house-made ravioli in a Napolitana sauce of tomatoes, roasted garlic, basil, and extra virgin olive oil

**SPAGHETTI WITH MEATBALL** 12

single "Vente" beef meatball in a creamy marinara sauce

**ORECCHIETTE (little ears)** 12

with French-style green beans and button mushrooms in a lemon herb and garlic sauce

MOST PASTAS CAN BE PREPARED FOR VEGETARIAN DINERS.  
RICE PASTA CAN BE SUBSTITUTED.

## SANDWICHES

all sandwiches feature daily house-made bread

**NEW! STEAK, PORTABELLA & ASIAGO MELT** 10

on house-made sourdough with a side of grilled vegetables

**NEW! HOUSE ROASTED TURKEY CLUB** 10

with tomato, bacon, lettuce, boursin cream cheese and Jarsberg on house-made garlic ciabatta bread

**NEW! SOUTHWEST CHICKEN** 10

pulled roasted chicken with spicy chipotle bell pepper marmalade and queso blanco, tomatillo/corn salsa, black olive, avocado and lettuce on house-made Tex Mex green chili cheddar bun

**NEW! GREEK TO ME** 10

garlicy hummus with oregano marinated tomato, cucumber, red onion, black olives, lettuce and lemon-yogurt vinaigrette on house-made Mediterranean feta/olive bread

**MEATBALL SANDWICH** 10

served open-faced on a toasted hoagie with house-made marinara sauce, fresh basil, mozzarella, roasted sweet peppers, and caramelized red onions

**B.L.T.** 10

smoked bacon, fresh lettuce, and tomatoes on house-made cranberry-rice bread with moderate spicy chipotle mayonnaise

**HAMBURGER** 10

**CHEESEBURGER** 10

**VEGGIE BURGER** 10

all with lettuce, tomatoes, and onions - add bacon for \$1

UNLESS SPECIFIED OTHERWISE, ALL SANDWICHES ARE SERVED WITH PARMESAN POTATO CHIPS. SUBSTITUTE THE CHIPS WITH YOUR CHOICE OF GARLIC FRENCH FRIES OR A SIDE SALAD FOR 1.5 OR BOTH FRIES AND SALAD FOR 2.25

**STUDENT DISCOUNT** Get 25% off of your meal with your student I.D. Ask your server for details.

**MEET ME IN DINKYTOWN.**